

# Information Sheet for Referrers

## What is the Service?

A free, brief therapeutic service for individuals and whānau needing specific support for bereavement by suicide. It fits within the range of services that support the bereaved.

## Who is it for?

The service is available for anyone who has been bereaved by suicide at any stage in their life. Children/Young people need a trusted adult to support them to participate.

## Who delivers the Service?

- Local Providers in each region
- Providers who have specific training in suicide bereavement with varied skills and experience
- Online providers will also be available to enable bereaved to access a diverse range of providers.

## What the service provides?

- 4 sessions per person
- Free tailor made service focussed on the needs of the bereaved
- Suicide bereavement and support skills from a therapeutic framework
- Incorporates the worldview of the bereaved

## How is the Service delivered?

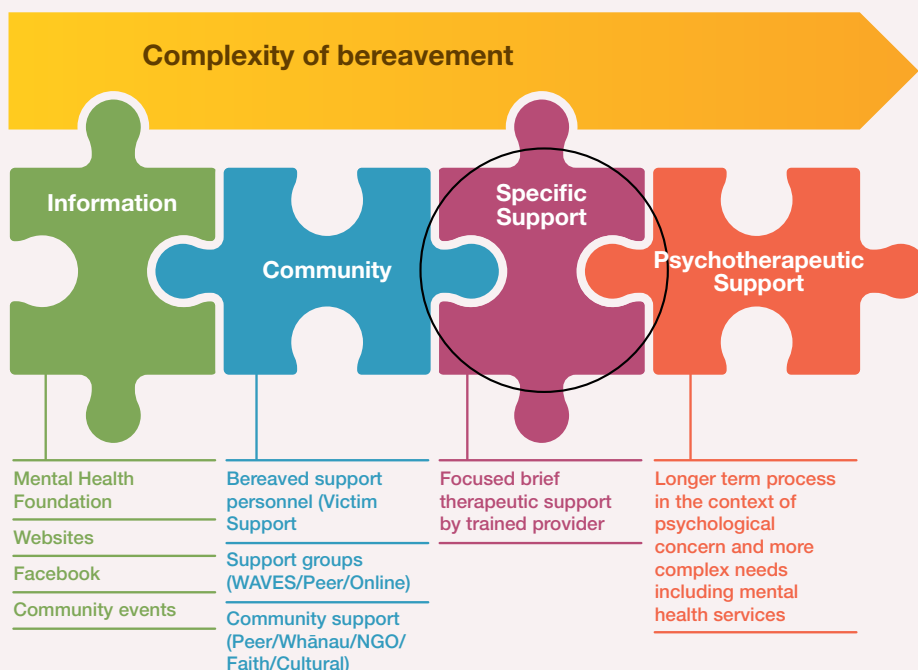


- Individual, Family, or Whānau group



- Face to Face, Telephone or Online
- A total of approximately 4 sessions per person will be available.

## Continuum of Bereavement Support Services



## How will the service meet the needs of Māori?

- The design and delivery of the service has included input from key Māori stakeholders, whānau with lived experience, clinical expertise, and literature
- We will continue to identify Māori Providers in each region
- Non-Māori Providers will be expected to be culturally responsive in working alongside whānau.

## How will the Service meet the needs of different population groups?

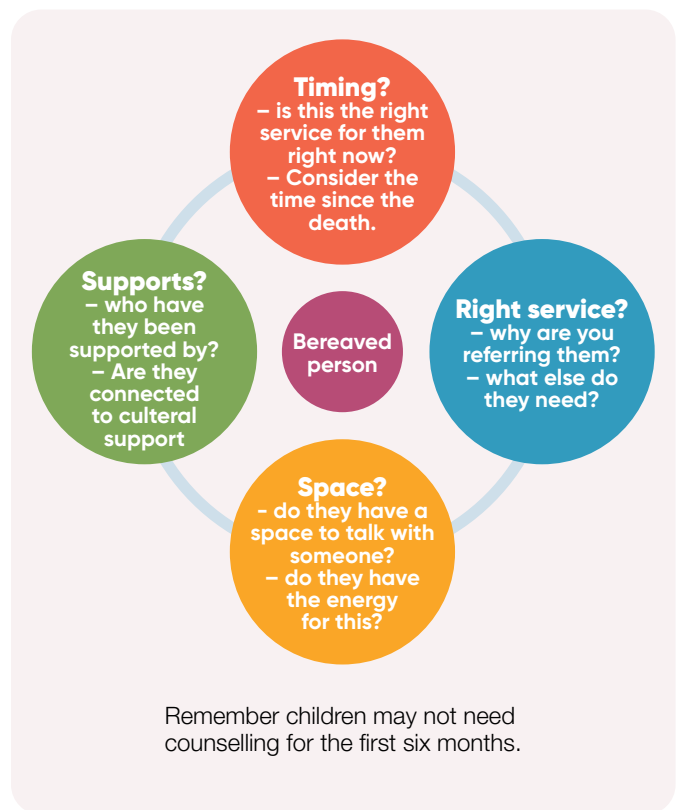
- The design and delivery of the service included input from a range of different stakeholder groups. Continued engagement will occur with these groups at a national level
- Local hui to discuss input from various populations will occur in each region
- Online Providers will increase your options to choose a provide that meets your needs.

## How do I refer?

- You can refer by emailing [referrals@aoake-te-ra.org.nz](mailto:referrals@aoake-te-ra.org.nz), or phone **0800 000 053**, or use the online referral form on [www.aoketera.org.nz](http://www.aoketera.org.nz)
- Any agency can refer and bereaved can self-refer to provide easy access to the service.

## Is this the right service right now?

We want to make sure the service is the right one for bereaved. Some things to think about are...



## Things to ensure you have done before you refer:

- ✓ Person/ Family/ Whānau are bereaved by suicide
- ✓ Person/ Family/ Whānau have been informed about this service
- ✓ Person/ Family/ Whānau consent to the referral being made
- ✓ Person/ Family/ Whānau are aware that this is not a crisis/ acute mental health service
- ✓ Child/ Young person bereaved by suicide has an identified trusted adult to support them to participate



**Our intake team are available to talk with you about the service and its fit to your needs.**

- ▶ [referrals@aoake-te-ra.org.nz](mailto:referrals@aoake-te-ra.org.nz)
- ▶ **0800 000 053**
- ▶ [aoketera.org.nz](http://aoketera.org.nz)